

IDA Schedule of Classes

STUDIO A- 400 COMMERCE DRIVE, FORT WASHINGTON					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30-10:15am Adult Pilates Mat				9:15-10:00am Boys Tap, 3 rd -5 th
					10:00-11:00am K-1 st Combo
4:15-5:15pm 2 nd -3 rd Combo	4:15-5:15pm 2 nd -3 rd Hip-hop	4:15-5:15pm K-1 st Combo	4:15-5:15pm Tap 2 & 3, 6 th & up	4:15-5:15pm Modern 2, 5 th & up	11:00am-12:00 Lyrical 2, 7 th & up
5:15-6:15pm Ballet 2, 6 th -8 th	5:15-6:15pm 2 nd -3 rd Combo	5:15-6:15pm Jazz 1 & 2, 5 th -7 th	5:15-6:15pm Ballet 3, 7 th & up	5:15-6:15pm 2 nd -3 rd Hip-hop	12:00-1:00pm Lyrical 4
6:15-7:15pm 6 th -7 th Hip-hop Dominick	6:15-7:15pm Tap 4	6:15-7:15pm Tap 1 & 2, 5 th -7 th	6:15-7:15pm Tap 3 & 4	6:15-7:45pm Rehearsal	1:00-2:30pm Rehearsal
7:15-8:15pm 7 th -8 th Hip-hop Kelli	7:15-8:15pm Lyrical 5	7:15-8:15pm Teen Ballet 4	7:15-8:15pm Teen Tap 2		
8:15-9:15pm Teen Hip-hop Dominick	8:15-9:15pm Tap 5	8:15-9:15pm Modern 4	8:15-9:15pm Teen Ballet 2		

STUDIO B- 400 COMMERCE DRIVE, FORT WASHINGTON					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1:30-2:30pm 3 & 4 yr. old Combo		1:30-2:30pm 3 & 4 yr. old Combo		10:00-11:00am 3 & 4 yr. old Combo
4:15-5:15pm 4 th -5 th Ballet	4:15-5:15pm K-1 st Combo	4:15-5:15pm 2 nd -3 rd Hip-hop	4:15-5:15pm 4 th -5 th Hip-hop	4:15-5:15pm 4 th -5 th Hip-hop	11:00am-12:00 Adv. Pointe
5:15-6:15pm 4 th -5 th Jazz/Tap	5:15-6:15pm 1 st Hip-hop/Jazz	5:15-6:15pm Jazz 3 & 4	5:15-6:15pm 6 th -7 th Hip-hop Becky	5:15-6:15pm Lyrical 3	12:00-1:00pm Jazz 5
6:15-7:15pm 6 th Hip-hop Kelli	6:15-7:15pm Beg. Pointe	6:15pm-7:15pm Modern 3 & 4	6:15-7:15pm 7 th -8 th Hip-hop Dominick	6:15-7:45pm Rehearsal	1:00-2:30pm Rehearsal
7:15-8:15pm Jazz 4 & 5	7:15-8:15pm Jazz 4 & 5	7:15-8:15pm Ballet 5	7:15-8:15pm Rehearsal		
8:15-9:15pm Ballet 3 & 4	8:15pm-9:15pm Teen Jazz 2	8:15-9:15pm Modern 5	8:15-9:15pm Teen Hip-hop Dominick		

STUDIO C- 250 N. Bethlehem Pike (Becoming Center at Artman)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:15-5:15pm 4 th -5 th Hip-hop			4:00-5:00pm K-1 st Combo.		
			5:00-6:00pm 2 nd -3 rd Hip-hop		

It is strongly recommended that intermediate & advanced students take 4 or more classes per week including ballet to maintain or improve their level of classes.

Classes Listed by Genre

(Letter next to class indicates studio A, B or C)

Combo. Classes

3 & 4 yr. old Ballet, Tap, Jazz-
Tue. B, Thur. B, Sat. B

K-1st Ballet, Tap, Jazz-
Tue. B, Wed. A, Thur. C, Sat. A

2nd-3rd Ballet, Tap, Jazz-
Mon. A, Tue. A

4th-5th Jazz/Tap- Mon. B

Tap

Tap 1, 5th-7th- Wed. A

Teen Tap 2- Thur. A

Tap 2 & 3, 6th & up- Thur. A

Tap 3 & 4- Thur. A

Tap 4- Tue. A

Tap 5- Tue. A

Boys' Tap, 3rd-5th- Sat. A

Hip-hop

1st H/H- Jazz- Tue. B

2nd-3rd- Tue. A, Wed. B, Thur. C,
Fri. A

4th-5th- Mon. C, Thur. B, Fri. B

6th Hip-hop w/ Kelli- Mon. B

6th-7th Hip-hop w/ Becky-
Thur. B

7th-8th Hip-hop w/ Kelli- Mon. A

7th-8th Hip-hop w/ Dominick-
Thur. B

Teen Hip-hop- Mon. A, Thur. B

Lyrical

Lyrical 2, 7th& up- Sat. A

Lyrical 3- Fri. B

Lyrical 4- Sat. A

Lyrical 5- Tue. A

Jazz

Jazz 1 & 2, 5th-7th- Wed. A

Teen Jazz 2- Tue. B

Jazz 3 & 4- Wed. B

Jazz 4 & 5- Mon. B, Tue. B

Jazz 5- Sat. B

Modern

Modern 2, 5th & up- Fri. A

Modern 3 & 4 - Wed. B

Modern 4- Wed. A

Modern 5- Wed. B

Ballet

4th-5th- Mon. B

Ballet 2, 6th-8th- Mon. A

Teen Ballet 2- Thur. A

Ballet 3, 7th & up- Mon. A

Teen Ballet 3 & 4- Mon. B

Ballet 4- Wed. B

Ballet 5- Wed. B

Beg. Pointe- Tue. B

Adv. Pointe- Sat. B

Pilates-Tue. A

Class Descriptions

Tap- Dance in which the dancers create and recreate rhythms through their feet. Students will accompany music and work a cappella.

Ballet- Classical dance that is the foundation for all other dance styles. Builds a strong core and dance body while emphasizing posture, poise, grace, flexibility, and musicality. Leotard and tights required.

Jazz- A common form of dance used in musical theater and commercial/ entertainment industry. Jazz is based in ballet technique and has both energetic and graceful qualities.

Combo.- Studies in ballet, jazz/ hip-hop, and tap dance. Students learn all 3 styles in class.

Hip-hop- An urban, street style of dance derived from hip-hop culture and African dance. The class includes elements of popping, locking, break dance, house dance, and jazz/funk.

Hip-hop/ Jazz- An intro to hip-hop & jazz for 1st graders.

Lyrical- A graceful, expressive form of jazz dance. Dancers use the lyrics and music to guide and inspire their dancing.

Modern- An abstracted dance form that allows for and embraces individual interpretations of movement. It is creative and dynamic while allowing students to develop their own style and artistry.

Pointe- Classical ballet performed on pointe shoes. Students must be accepted into pointe classes based on ballet training. Leotard and tights required.

Pilates- A series of exercises executed on a mat building core strength while creating long, lean, muscles. Perfect for all adult ages and levels, Pilates is a full-body workout which promotes overall health and wellness.

Visit our website at: www.instituteofdanceartistry.com