

Schedule of Classes

STUDIO A- 625 W. Ridge Pike Bldg. C					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00-11:00am 3 & 4 yr. Combo
4:15-5:15pm Ballet 2, 6 th -7 th	4:15-5:15pm K-1 st Combo	4:15-5:15pm 2 nd -3 rd Combo	4:15-5:15pm 4 th -5 th Jazz/Tap	4:00-5:00pm 4 th -5 th Hip-hop	
5:15-6:15pm 2 nd -3 rd Combo	5:15-6:45pm Ballet 3, 7 th & up plus POINTE 1	5:15-6:15pm 2 nd -3 rd Hip-hop	5:15-6:15pm 4 th -5 th Ballet	5:00-6:00pm 2 nd -3 rd Hip-hop	
6:15-7:15pm Modern 3 7 th & up		6:15-7:15pm 6 th -7 th Hip-hop	6:15-7:15pm 6 th -7 th Hip-hop	6:00-7:00pm K-1 st Hip-hop	
7:15-8:15pm Teen Modern 1-2	7:15-8:00pm Adult Pilates	7:15-8:15pm Teen Ballet 4	7:15-8:15pm Teen Tap 3 8 th & up		
8:15-9:15pm Teen Jazz 3	8:00-9:00pm Adult Jazz/Funk	8:15-9:15pm Teen Modern 4	8:15-9:15pm Teen Hip-hop 4		

STUDIO B- 625 W. Ridge Pike Bldg. C					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1:30-2:30pm 3 & 4 yr. old Combo		1:30-2:30pm 3 & 4 yr. old Combo	1:30-2:30pm 3 & 4 yr. old Combo	10:00-11:00am K-1 st Combo
4:15-5:15pm Ballet 1, 6 th -7 th	4:15-5:15pm K-1 st Combo	4:15-5:15pm 4 th -5 th Hip-hop	4:15-5:15pm 1 st -2 nd Hip-hop	4:00-5:00pm 6 th -7 th Hip-hop	11:00am-12:00 1 st -3 rd Hip-hop
5:15-6:15pm Jazz 2, 6 th -7 th	5:15-6:15 1 st -2 nd Hip-hop	5:15-6:15pm 4 th -6 th Modern/Lyrical	5:15-6:15pm Tap 2, 6 th & up	5:00-6:00pm Lyrical 3, 7 th & up	12:00-1:00pm Pointe 2
6:15-7:15pm Teen Jazz 2, 8 th & up	6:15-7:15pm Teen Ballet 1-2	6:15-7:00pm ADULT ZUMBA	6:15-7:15pm Teen Hip-hop 2-3, 8 th & up	6:00-7:15pm Rehearsal	1:00-2:30pm Rehearsal
7:15-8:15pm Jazz 4, 7 th & up	7:15-8:15pm Teen Lyrical 4	7:15-8:15pm Teen Hip-hop 1-2			
	8:15-9:15pm Teen Jazz 5	8:15-9:15pm Teen Tap 1-2			

It is strongly recommended that intermediate & advanced students take 4 or more classes per week including ballet to maintain or improve their level of classes. Students must be at an advanced ballet level to take upper level classes (tap & hip-hop excluded).

Classes Listed by Genre

(Letter next to class indicates studio A, B or C)

Combo. Classes

3 & 4 yr. old Ballet, Tap, Jazz-
Tue., Thur., Fri, Sat.

K-1st grade Ballet, Tap, Jazz-
Tue., Sat.

2nd-3rd grade Ballet, Tap, Jazz-
Mon., Wed.

4th-5th Jazz/Tap- Thur.

Tap

3 & 4 yr. old Ballet, Tap, Jazz-
Tue., Thur., Fri, Sat.

K-1st grade Ballet, Tap, Jazz-
Tue., Sat.

2nd-3rd grade Ballet, Tap, Jazz-
Mon., Wed.

4th-5th Jazz/Tap- Thur.

Jazz

6th-7th, Level 2- Mon.

7th & up, Level 4- Mon.

Teen Level 2- Mon.

Teen Level 3- Mon.

Teen Level 5- Tue.

Hip-hop

K-1st grade-Fri.

1st-2nd- Tue., Thur.

1st-3rd- Sat.

2nd-3rd grade- Wed., Fri.

4th-5th grade- Wed., Fri.

6th-7th grade- Wed., Thur., Fri.

Teen Level 1-2- Wed.

Teen Level 2-3- Thur.

Teen Level 4- Thur

Lyrical/Modern

4th-6th- Wed.

Lyrical

4th-6th Lyrical/Modern- Wed.

7th & up, Level 3- Fri.

Teen Level 4- Tue.

Modern

4th-6th Lyrical/Modern- Wed.

7th & up, Level 3- Mon.

Teen Level 1-2- Mon..

Teen Level 4- Wed..

Pointe

Level 1 (Part of ballet)- Tue.

Level 2- Sat.

Ballet

4th-5th-Thur.

6th & up, Level 1- Mon.

6th & up Level 2- Mon.

7th & up Level 3 (and pointe)- Tue.

Teen Level 1-2- Tue.

Teen Level 4- Wed.

Adult Classes

Zumba- Wed.

Pilates- Thur.

Jazz/Funk- Tue.

Class Descriptions

Tap- Dance in which the dancers create and recreate rhythms through their feet. Students will accompany music and work a cappella.

Ballet- Classical dance that is the foundation for all other dance styles. Builds a strong core and dance body while emphasizing posture, poise, grace, flexibility, and musicality. Leotard and tights required.

Jazz- A common form of dance used in musical theater and commercial/entertainment industry. Jazz is based in ballet technique and has both energetic and graceful qualities.

Combo - Studies in ballet, jazz/ hip-hop, and tap dance. Students learn all 3 styles in class.

Hip-hop- An urban, street style of dance derived from hip-hop culture and African dance. The class includes elements of popping, locking, break dance, house dance, and jazz/funk.

Lyrical- A graceful, expressive form of jazz dance. Dancers use the lyrics and music to guide and inspire their dancing.

Modern- An abstracted dance form that allows for and embraces individual interpretations of movement. It is creative and dynamic while allowing students to develop their own style and artistry.

Pointe- Classical ballet performed on pointe shoes. Students must be accepted into pointe classes based on ballet training and must be registered for upper level ballet class. Leotard and tights required.